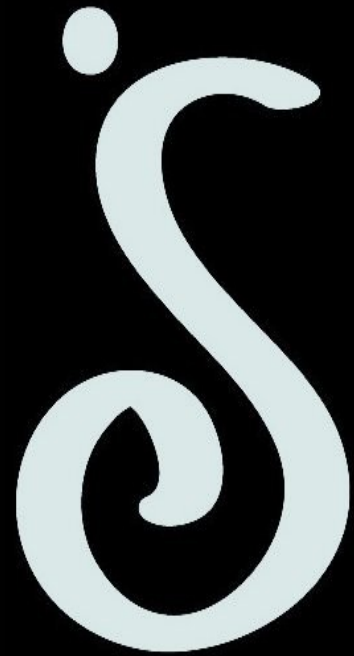


Soroptimist News

PROGRAMS

- December 7 Business Meeting
The Grand~12 noon
BBQ Chicken Salad
- December 14 Hoilday Meeting
The Grand~12 noon
Sautéed Lemon Rosemary Chicken Breast
- December 28 Board Meeting~Dark
Happy Holiday!

Happy Holidays!



INSIDE THIS ISSUE

- President's Message..... 2
- Recap of Flex Meeting 3
- Holiday Luncheon 4
- Archives Committee 5
- Directors..... 6

BIRTHDAYS

- December 16th
Skye Davis
- December 20th
Susan Reischl
- December 23rd
Sally Lane

*Happy Birthday
Soroptimist!*



*We're on
Facebook!*



SOROPTIMIST MISSION

Soroptimist is an international volunteer organization for business and professional women who work to improve the lives of women and girls, in local communities and throughout the world.

CAMINO REAL MISSION

It is the mission of the Camino Real Region to bring together women from all walks of life and to enable them, through the development of their leadership skills, to truly make a difference in their communities and throughout the world.

PRESIDENT'S MESSAGE

Dear Friends:

We are now in the throes of our Holiday Season for 2011 and I do wish all of you the very best of the best this year!

This is also the time that we are asking our entire Soroptimist membership, our friends, family and community to support us during our very first Annual Appeal to raise funds for our needed scholarships and programs. People donate to non-profits and charitable organizations for many reasons, but here are 15 excellent reasons why we hope that all of you and many of our supporters will donate to Soroptimist International of Long Beach this year:

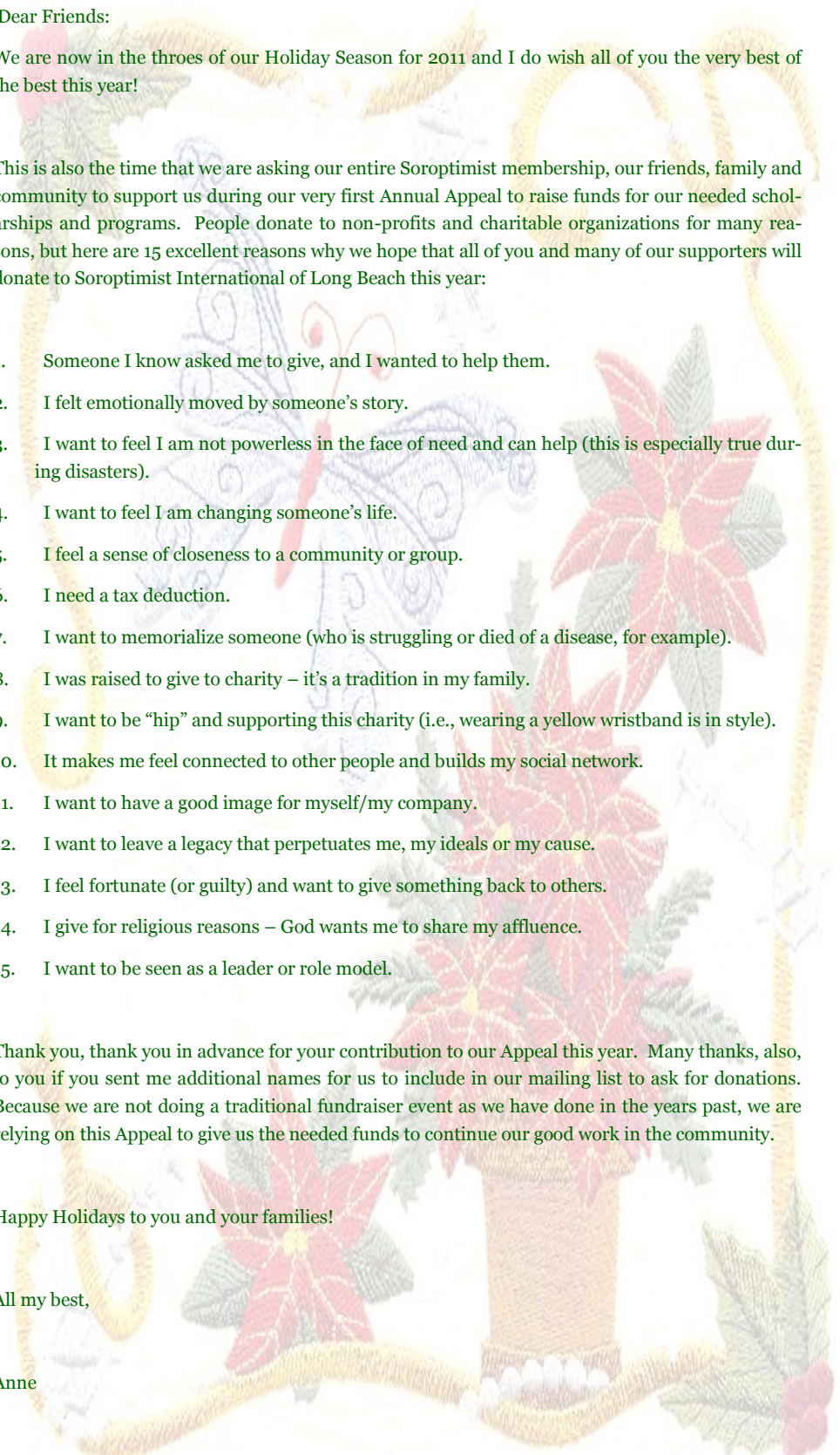
1. Someone I know asked me to give, and I wanted to help them.
2. I felt emotionally moved by someone's story.
3. I want to feel I am not powerless in the face of need and can help (this is especially true during disasters).
4. I want to feel I am changing someone's life.
5. I feel a sense of closeness to a community or group.
6. I need a tax deduction.
7. I want to memorialize someone (who is struggling or died of a disease, for example).
8. I was raised to give to charity – it's a tradition in my family.
9. I want to be "hip" and supporting this charity (i.e., wearing a yellow wristband is in style).
10. It makes me feel connected to other people and builds my social network.
11. I want to have a good image for myself/my company.
12. I want to leave a legacy that perpetuates me, my ideals or my cause.
13. I feel fortunate (or guilty) and want to give something back to others.
14. I give for religious reasons – God wants me to share my affluence.
15. I want to be seen as a leader or role model.

Thank you, thank you in advance for your contribution to our Appeal this year. Many thanks, also, to you if you sent me additional names for us to include in our mailing list to ask for donations. Because we are not doing a traditional fundraiser event as we have done in the years past, we are relying on this Appeal to give us the needed funds to continue our good work in the community.

Happy Holidays to you and your families!

All my best,

Anne



Hello Soroptimi!

In November, we had another fun and exciting Flex Meeting. A big thank you goes out to Susan Reischl for hosting such a fun, and informative evening!

We got to learn some posture improving exercises, had a demonstration from a real live belly dancer, and then got to learn some of the moves ourselves!!

So, if you haven't had the chance to attend a Flex meeting yet, I would strongly encourage you to do so. A good time was had by all, and it's just another opportunity to spend some quality Soroptimist time!

Thank you again to Susan Reischl, and all of the staff at Reischl Physical Therapy for their hospitality!



From left to right: Terry Erickson (new member to be), Anne Miller, Susan Reischl, Judy Hess and Charlotte Berry

JUST A SIDE NOTE

Donna (the website Maven) Skinner, is hoping members will send head shots of themselves to her for inclusion on the website. She's trying to be sure that new members' smiling faces are up there as well as our longer-term members.

Interest in our Facebook page is growing ... we now have 98 folks who Like us on Facebook

Shop Online

Shopping online this holiday season? Support Soroptimist while shopping at Goodshop.com, where you can shop at more than 2,400 top online retailers with a percentage of your purchases donated to SIA. And don't forget to use GoodSearch.com as your search engine; SIA gets a penny every time you search. There's no easier way to support Soroptimist and help women this holiday season!

S Club Corner

The month of November has been a good one for Poly High School's S-Club. We have gotten a few more girls to sign up so now we have about 10 active members. We are looking into more service opportunities like volunteering at the Long Beach Women's Rescue Shelter. We confirmed the amount of money we made from October's Homecoming Faire, which was about \$50. We are also encouraging some of our qualified girls to apply for the Violet Richardson Award. We had a fabulous guest speaker on November 1st, Michelle Wilcox. She spoke to us about what makes a successful entrepreneur: qualities such as inner drive, innovativeness, openness to change, etc. Her discussion enabled us too see that success comes in many forms, and that it might take a few tries to find out what one is good at and is passionate about.

Shane Emeis,
S. Club Vice President

DECEMBER 14TH HOLIDAY LUNCHEON

This year on Wednesday, December 14th we are celebrating with Interval House's Leadership Class. The students will be joining us for lunch and speaking for a few moments about this inspiring program. This is a shift from Adopt a Family. In an effort to empower mothers as providers for their children, last year the Board decided to donate gift cards so that the families can participate in a holiday tradition... shopping!

Last year we collected over \$1,000 in gift cards that have impacted and will continue to impact over 100 residents from Su Casa. Depending on the size of the family each mother was given a specific amount of gifts cards to purchase items for Christmas morning. The remaining gifts cards were used throughout the year for resident needs not covered by grants. For example, reading glasses, prescriptions and the right size of tennis shoes. It is the gift that keeps on giving!

To participate this year please mail donations to our treasurer Rosalie Rowe. We can take actual gift cards donations, however, it

is easier for us to coordinate with Interval House and purchase all the gift cards from the same place so we are sure it is a location convenient to the recipients. You can also deliver them in person at December's business meeting and the meeting on December 14th. We will be purchasing the gift cards and delivering them to Interval House after the luncheon. If you wish to participate in the gift giving, last year a few members brought small gift items that were raffled off (the guests were given free tickets) at the luncheon. It was a great idea that contributed to the festivities of the luncheon.

If you have any questions please contact me by email niko-galvez@gmail.com or phone at 562.331.1095

Happy Holidays!

Niko

Archives Committee News

During a luncheon at Mimis in November, members of the Archives Committee presented a check in the amount of \$100 to Kristie French, payable to CSULB Foundation. Kristie is the Head Archivist at CSULB and has provided invaluable assistance to the members of the Archives Committee.

This check is issued on an annual basis to the Foundation for making it possible for SILB to maintain its archives at the university.



Seated from left to right: Kristie French and members of the Archives Committee: Dorothy Deatherage, Louise Carlson, co-chairs, and Monika Dieckmann, standing.

NEWSLETTER SUBMISSIONS

Submission specifications for Soroptimist newsletter:

1. Please send type-written submissions by snail mail or email (text within email or attached as a document).
2. Please email or mail (I will scan) photos of members and Soroptimist events.
3. Depending on space, submissions will be included on a first-come, first-serve basis.
4. Deadline is the 25th of every month.

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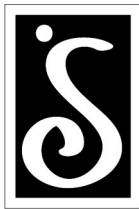
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SOROPTIMIST
Best for Women

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of Long Beach**

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Institutional Affairs: Nicolassa Galvez

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Alternate Regional: Judith Pedneault

Alternate Federation: Anne Miller

MORE SOROPTIMIST RESOURCES

www.si-longbeach.org

www.caminorealregion.org

www.soroptimist.org

www.facebook.com/pages/Soroptimist-International-of-Long-Beach-California

Best for Women, Soroptimist International Quarterly Magazine