

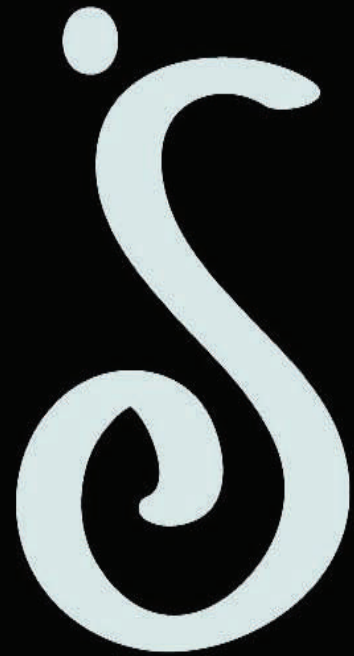
Soroptimist News

PROGRAMS

- September 8 Business Meeting
Asian Chicken Salad, Ice Cream
- September 15 Ken from McKenzie Mortuary
(Evening Meeting, The Grand, 5:30-7:30)
Salad/sandwich bar, Dessert
- September 15 Hall of Fame
Chicken Piccata, Apple Crisp
- October 6 Business Meeting
BBQ Chicken Ranch Salad, Fresh Fruit
- October 13 TBA
(Evening Meeting, The Grand, 5:30-7:30)
Salad/sandwich bar, Dessert
- October 20 TBA
Chicken Teriyaki , Sherbet

IMPORTANT DATES

- October 29 Monster Bash
- November 13 Fall District Workshop , Long Beach
Hosted by our very own club!
St. Mary Hospital (more info to follow)
- November 13 Young Women's Empowerment Conference
(Co-hosted by CSULB & SILB!)
- May 9 Women Making a Difference Luncheon
- May 13 Spring Conference and Leadership Academy
Carlsbad , CA



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BIRTHDAYS

- Aug 16 Niko Galvez
- Aug 18 Jane Barrett
- Sep 4 Margie Hersh
Jana Martin
- Sep 10 Maggie Shapiro
- Sep 12 Monika Dieckmann
- Sep 17 Margaret Stimson
- Sep 20 Kimberly Bedell
- Sep 22 Jean Egan
- Sep 26 Jane Benson
- Sep 27 Margaret Leake
- Se p28 Dorothy Deatherage
- Sep 29 Denice Lanuti
- Sep 30 Blanch Cannady
Louise Carlson
- Oct 2 Judy Hess
- Oct 9 Libby Tigner
- Oct 17 Doris Moore
Marie LaFortune
- Oct 21 Judy Griffin
- Oct 27 Diane DeWalsche
- Oct 29 Lori Woodruff



President Lori Woodruff

NEW ROSTERS

We will be selling our new rosters to anyone who would like to have an extra one. They are \$3.00 each. Bring your money to our first meeting!

PROGRAMS

Please send any program ideas to Program Chair, Judy Hess.

NEW OFFICERS

Be sure to check out www.caminorealregion.org for the 2010-2011 list of officers and to celebrate our new president Michelle Memmott and her motto "There's no place like home."

PRESIDENT'S MESSAGE

For the 2010-2011 year, let's re-imagine how we do business. As I learned at convention (see page 6): "If you save a woman, you save a family. It is this transformative power, of Women Helping Women, that is at the heart and soul of both empowering women and Soroptimist." We do that well at SILB. When we did our strategic planning at the convention, I easily filled in our strengths and op-

- ◆ How have women enabled each of us to succeed?
- ◆ What will we do this year to provide members with 1) social, 2) networking/professional development opportunities and 3) ways to make a difference?

Let's have a great time this year doing wonderful work. I encourage each of you to get involved, stay connected and help



President Lori with Alice Wells, incoming SI President at the SI Convention in June.

portunities. Even so...

- ◆ What would it look like if we increased our membership?
- ◆ How can we increase our impact?
- ◆ How can we keep our members connected and engaged?
- ◆ People support what they help create, so how do we keep our successful programs fresh for new and longtime members alike?

empower women. Participate as much as you are able, knowing that every effort counts – big or little. Find your niche and let us know what you enjoy doing most. Pitch in when you can on the hard stuff so it becomes light work for many instead of a burden for a few. I appreciate all your support and look forward to getting to know each of you better! We will have a blast!

Lori

SILB FIRST SERVICE PROJECT

Louise Cunningham

When we learned that there was a woman living in Long Beach who had once been a resident of Rockhaven House, member Louise Cunningham interview her (see full article on the website).

Mary Scribner Weddle – born in 1919, Mary was diagnosed as “undernourished” at age 11. She was admitted to Rockhaven House – a Preventorium for girls ages 4-16 who were ill or under nourished and unable to attend school. Rockhaven was Soroptimist International of Long Beach’s first service project.

The house was located at Orange and 7th Street – a large stone Craftsman style home which housed an estimated dozen young girls until 1933 when the Long Beach earthquake damaged the building to the point it was uninhabitable. It had been in service for eight years, housed 114 children and cost approximately \$45,000.

A group photo on the porch steps shows a dozen girls smiling at the camera. The back row are all girls in their bloomer sun suits. All are smiling and none look particularly “undernourished,” though Mary appears to be one of the smaller girls.

Mary recalls one story from her time at Rockhaven. A teacher was provided to teach all the girls in one class – it was a short day. Once the teacher invited Mary and Eva (classmate) to her apartment to have lunch and visit the nearby beach.

There were two nurses on staff who tended to the children’s health. Mary vividly remembers “Each day we were dosed with a tablespoon of maltine Cod Liver Oil.” There was a cook at Rockhaven who made all their meals. On Easter, Mary remembers they got lots of chocolate rabbits and the cook melted them and made them a special treat.



Mary became an RN and worked in various hospitals, later at a local convalescent hospital. Mary is now almost 91 years old and lives in Long beach with her husband of 54 years, John, a retired worker for Shell Oil.

KIDS’ GARDEN

Louise Cunningham

In 2009, A Soroptimist Community Service Grant in the amount of \$2500 was awarded to Comprehensive Child Development to start a Family Garden in the Cabrillo Villages CCD center.

On August 13, 2010, SILB members, Maggie Shapiro, Lynn Shrum & Lori Brault, and a few Soroptimist Husbands joined the celebration of the opening. Our own Louise Cunningham of CCD planned the community celebration event. 20.

Please see the August 13, 2010 issue of the Press Telegram for an article on the garden, which includes a shout-out to SILB!



SUMMER WITH SOROPTIMISTS

ARCHITECTS OF CHANGE

Nicolassa Galvez

Hosted by California First Lady Maria Shriver and Governor Arnold Schwarzenegger, The Women's Conference 2010 is the nation's premier forum for women, empowering women to be Architects of Change in their own lives, their communities and the world. More than 140 extraordinary speakers come together with



Jane Benson, Judy Hirsch, Judy Hess & Jaye Johnson attended the Taste of the Coast on Sunday, August 1st . One of the beneficiaries of the event was Long Beach Day Nursery.

There shall be eternal summer in the grateful heart. -- Celia Thaxter

30,000 women to be educated, inspired and empowered.

The Women's Conference is also a global online community, where more than one million women gather to learn how to truly change the world. For the first time, The Women's Conference expands to three days -- October 24, 25 and 26 at the Long Beach Convention Center



Four SILB members (Rosalie Rowe, Lori Brault and Past President Judy Hess. Not pictured: Diane DeWalshe) joined the Long Beach City College Foundation on the Douro River Cruise .

ALICE IN MONSTERLAND

Jaye Johnson

You won't want to be late for this very important date! October 29 is the next Bash – Monster Bash that is. Alice in Monsterland will be held at The Grand. Calling all members to gather their friends for another evening of fun, dancing, good food AND some really great shopping at our Jabberwocky Silent Auction!

The Bash Committee has already met and they are busy getting lots of fun things to-

gether. We'll be looking for some great donations for the silent auction. We've got 5 team captains – one for each category - Judy Griffin, Terri Nikoletich, Erin Holloway, Lynn Hermstad, and Lori Woodruff. We're limiting the number of auction items to around 50, or 10 or so items in each category.

Invitations will be going out around September 20.

La Senora de fun – Jaye

ON THE LOOKOUT

Shirlee Jackert

October is not too far away and applications for the Violet Richardson Award will be distributed. Over the summer you may meet a wonderful young woman, under 18 years of age and living in Long Beach. If she is doing important work to make the world a better place through volunteer efforts she may want to apply for the award. Please contact Shirlee Jackert for application.

There is a place. Like no place on Earth. A land full of wonder, mystery, and danger! Some say to survive it: You need to be as mad as a hatter. -- - The Mad Hatter



FACEBOOK

Donna Skinner

Our club has a Facebook page. We need our members to visit the page, become fans, make comments, add information, etc. It will help our overall "presence" in the world. You can find the page by searching "Soroptimist International of Long Beach, California"

ENERGY CONTEST

Adapted from
LBPost.com

The City of Long Beach will hold a drawing for local residents. Winners will receive an energy efficiency makeover for their home, City Councilmember Gerrie Schipske announced yesterday. Visit www.sustainablelb.com to enter the contest.

Two winners from each district, equaling a total of eighteen will win a makeover. Grand Prize winners receive a \$5,000 energy efficiency home makeover and Runners-Up receive an \$800 energy efficiency makeover. Entrants must be Long Beach residents, homeowners

and customers of Southern California Edison. Applications can be submitted until November 19th. Winners will be announced around November 29th.

IF YOU SAVE A WOMAN...

Lori Woodruff via SIA convention

Meet Lisa Culp, the 2010 SIA Ruby Award recipient. From a very young age, Lisa Culp wanted to make a difference. As a teenager, she volunteered with Loaves and Fishes, helping feed Sacramento's homeless population. After college she returned but she noticed a change—the face of the homeless population was including more and more women and children. Lisa knew there must be a solution to ending this cycle of poverty.

Working with focus groups at Loaves and Fishes, she listened to women share their stories and needs. Mostly these women said they needed assistance in the areas of training, housing, counseling, vocational guidance and avoiding domestic violence.

In 2001, Lisa worked with com-

include counseling, resume writing, interview skills, day-care, parenting classes, transportation and housing. Since the program's inception, more than 600 homeless women and their 658 children have graduated from the region's only job-readiness program. Women's Empowerment also has seen 84 percent of its graduates get into permanent housing and, despite the economic downturn, counts 66 percent of its graduates as financially stable.

The ultimate mission of Women's Empowerment is to end homelessness one woman at a time. "If you save a woman, you save a family," Lisa says. "In my experience, it is this transformative power, of Women helping Women, that is at the heart and soul of both

Women's Empowerment and Soroptimist."

Receiving her award at the convention Lisa said, "I want to thank all Soroptimists for believing in the potential of dreams and in the collective power of women to transform dreams into realities."

I want to thank all Soroptimists for believing in the potential of dreams and in the collective power of women to transform dreams into realities. -- Lisa Culp, Violet Richardson Awardee

munity leaders to create Women's Empowerment, an immediately successful solution to ending the cycle of poverty. The multi-faceted program educates and empowers homeless women with the skills and confidence necessary to get a job, maintain a healthy lifestyle, and regain a home. Services

THE POWER OF ANYONE

Lori Woodruff via SIA convention

Meet Talia Leman, the 2010 SIA Violet Richardson Award recipient. Talia Leman's mission is simple yet profound: To help kids help others. Her journey began in 2005 when, at age 10, she saw the story of the victims of Hurricane Katrina and was moved to action. She rallied 4,000 school districts to unify fun-raising efforts for hurricane relief, raising more than \$10 million—ranking their giving power among the top five U.S. corporations.

As a result, she founded RandomKid, with the tag line, "The Power of ANYone," a nonprofit to educate, unify and empower young people of all backgrounds and abilities to make a measurable difference in their efforts to help solve real world problems.

Today, RandomKid works on such projects as providing crutches and artificial limbs to victims of the Haiti earthquake; planting vegetables for local homeless shelters; and unifying schools to sell their own labeled water to raise funds for water pumps in Africa.

"All our programs and projects are initiated by kids, random

kids," says Talia, CEO of the nonprofit. "For us, it's all about 'the power of ANY one.' Kids often have big ideas. RandomKid takes their ideas for a better tomorrow seriously and helps them generate the momentum that inspires others in order to make their ideas a reality."

In her every day life, Talia reaches out to schools and youth groups through the Internet and travels across the country to speak to kids about their power to impact world issues. Kids, schools and youth groups then contact her through her website (www.randomkid.org), and she unifies fundraising efforts with similar goals to fund solutions for people and communities in need.

On a personal level, Talia hopes some day to become a physician. "One of the key messages I share with youth is that small efforts matter most," Talia says. "This is because success happens slowly, one small act at a time. Believe in your dreams. Find others who believe in them, too. You have the power to make the world a better place!"

CRAIGSLIST

Lori Woodruff via SIA convention

Cathy Standiford, President at the SIA left the Convention at the end of the Opening General Session to attend a press conference and rally organized by the Coalition Against Trafficking in Women (CATW) and Prostitution Research and Education (PRE). After the delegates of the SIA Convention passed a resolution against the prostitution of women and girls, Cathy headed to a press conference with the Convention Keynote Speaker Victor Malarek, to announce that recommendation.

The rally was held in front of Craigslist's San Francisco Headquarters. Why? Because Craigslist is projected to earn an extra \$36 million this year through the sex ads it allows to be posted on its site. If you're a fan of Craigslist, perhaps reconsider supporting a business that functions as a "virtual red light district for pimps, traffickers and johns."

SMALL WAYS PROJECT

SILB's Small Ways Projects are another way we support mission of "Best for Women." Besides grants and scholarship, we help year-round with smaller projects. Please bring your items to the Business Meeting on the first Wednesday of the month. Since we have limited storage at The Grand, please do not bring these items and simply leave them on the back table. Give your goodies to the "collectors" and they are :

Toiletries - Judy Pedneault

Greeting Cards - Jane Barrett and Mary Soth

Used Cell Phones - Lori Brault

Eyeglasses - Jane Barrett

Coupons (either cut or uncut) - S Club, TBD

Biographies - Denice Lanuti

Clothing - Working Wardrobes, Rosalie Rowe

Note: Working Wardrobes - Please have items cleaned, pressed, on hangers and covered with plastic. Working Wardrobes also accepts shoes and other accessories and men's clothing. No rummage or other clothing stuffed in bags!

NEWSLETTER SUBMISSIONS

Submission specifications for Soroptimist newsletter:

1. Please send type-written submissions by snail mail or email (text within email or attached as a document).
2. Please email or mail (I will scan) photos of members and Soroptimist events.
3. Depending on space, submissions will be included on a first-come, first-serve basis.
4. Deadline is the

Also, check out www.saynotoviolence.org/make-women-count-for-peace to add your name to the UNIFEM petition for PEACE

END HUNGER

We all know the 8 Millennium Goals set up by United Nations with a collective vision for the future: a world with less poverty, hunger and disease, greater survival prospects for mothers and their infants, education for all, equal opportunities for women, an improved physical environment and a partnership between developed and developing countries to achieve these objectives. More than half the period to the target date has now passed and each day we read that the time-bound targets are not reached. Recently SI encouraged all members to sign the FAO petition "END HUNGER" and join the campaign to put pressure on politicians to end hunger. Sign this petition to add your voice to the others who say: "1.000.000.000 people live in chronic hunger and I'm mad as hell!" Check out www.1billionhungry.org.

25th of every month.

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Alternate Federation: Denice Lanuti

Major Committee Chairs

Annual Fall Fundraiser

Monster Bash

October 29, 2010

The Grand

Jane Benson & Jaye Johnson

Women Making a Difference Luncheon

May 9, 2011 at The Grand

Freda Hinsche Otto & Pamela Seager

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MORE SOROPTIMIST RESOURCES

www.si-longbeach.org * www.caminorelaregion.org * www.soroptimist.org

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