



SOROPTIMIST
Best for Women

Soroptimist News

Newsletter of Soroptimist International of Long Beach
March 2009 Edition

March/April Programs and Menus

**March
Happy Birthdays!**

**Sandra K. Olewine
March 12**

**Anne Koo Thornquist
March 23**

**Renee Simon
March 25**

**Shirlee Jackert
March 3**

**Joy J. Hart
March 4**

- March 4** Business Meeting/Asian Chicken Salad-Lemon Cake
March 11 SILB 85th Anniversary Meeting/Chicken Teriyaki-Peach Cobbler
March 17 Ex-Pro's Meeting - 12:00 Noon /Buster's
March 18 Speaker: Councilperson Gerrie Schipske, Rosie the Riveter Comes to Long Beach/Mexican Celebration-Fresh Fruit
- April 1** Business Meeting/Chef Salad/Chocolate Dessert
April 8 Speaker: Karyn Reddick, Pastoral Care
 Chicken Caesar Salad/Strawberry Sundae
April 15 Interservice Club Luncheon replaces our meeting

Important Dates:

- March 8** International Women's Day-Live Your Dream Day
March 20 Shake and the Chantoosies - DiPiazza's 7-8:30 pm
- April 2** Meals on Wheels Benefit at Long Beach Playhouse
 Reception 7: 00 pm, Play: Sabrina Fair starts at 7:30 pm
April 4 WOMEN WHO MAKE A DIFFERENCE
 Awards Luncheon - The Grand
April 24-25 Camino Real Region Spring Conference -
 Crowne Plaza/Ventura Beach
- May 13** Philanthropy Scholarship and WOA Luncheon (regular meeting)
May 30 Shopping with Soroptimists at Working Wardrobes
 SAVE THE DATE
- June 24** SILB Installation

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MORE SOROPTIMIST RESOURCES

www.si-longbeach.org, www.caminorealresion.org, www.soroptimist.org
 "Best for Women" - Soroptimist International Quarterly Magazine

Spring is rapidly approaching and spring is a big season for SILB! Please be sure to mark your calendars for our important events, support the club's events and you are sure to enjoy a sense of pride and accomplishment for being a part of SILB which has been serving our community for 85 years.

Yes, March 24th is SILB's 85th Anniversary, we will be celebrating our anniversary at our March 11th Program Meeting. I hope all of you will plan to attend; Nancy Hegelheimer is busy planning our 85th celebration.

April 4th is the "Women Who Make a Difference" luncheon, our awesome co-chairs are Lynn Shrum and Louise Cunningham and they are supported by a most hard working and energetic committee. They have invitations out and the event well under control. Many thanks for all your hard work! This is a very important event for our club and gives us the opportunity to show our appreciation of the women who have given significant service to the community. Please plan to attend we are expecting 100% participation at this motivating and inspiring event. All members are responsible to purchase a least one ticket so if you are unable to attend please invite a friend, co-worker or a prospective member to use your ticket.

This year SILB is hosting the Interservice Luncheon which will be held at The Grand on April 15th; Justin Rudd will be our keynote speaker you don't want to miss this luncheon.

Our next event is the Camino Real Region Spring Conference at the Crowne Plaza in Ventura Beach, April 24-26. The Awards Dinner will be held on Friday evening the 24th from 5:30-8:30 members will receive 5, 10, 15-year service pins, Distinguished Soroptimist and Governor's Awards. The cost of the dinner is \$25. We hope to have a good showing at the dinner as many of our members will be receiving service pins. We will distribute additional information and registration packages at the March 11th meeting.

I wish you all a healthy and happy St. Paddy's Day,

Margie Hersh
President

News from S Club Scholarship Winners

Dear Jana,

I really like it here at Brown. I've met so many cool people and made such good friends!

My first semester classes were insanely difficult. I took multivariable calculus, chem 330 (with lab), visual arts 100, and english: the academic essay. this semester i'm taking history of art and architecture, painting I, Biology 200 (with lab), and War and Society. I like these classes a lot, even if they're a lot of work. Bio is taught by ken miller, who is so interesting (and been on tv which is way cool. haha) and my war and society class is really great. the professor wrote our book! it's a really small class, so its more like a seminar than a lecture. I go to office hours for all my classes! Outside of academics, I'm in Brown Ballroom Dance, BAM, Bruin Club, YAM, Catholic Community, and Kappa Alpha Theta. I do Ballroom Dance with Brooke. I've gone to a competition in boston already and i'm going to another one next weekend. It's a lot of time during the week, but it makes us so much better, and now im supposed to go to the club classes to help out.

BAM is Brown Arts Mentoring. I've been going through training for the past month and i start teaching in two weeks. I go to D'Abate (a school in downtown providence, with no funding for electives) and teach visual arts to a class of middle school students. There is a small meeting to go over the lesson plan with the other people in my group and a large meeting on sunday with the whole program. I teach from 3-5 on fridays. Bruin Club, I don't participate in very much. I want to get more involved next semester (maybe tour guide). Right now I just host high school seniors sometimes. YAM and Catholic Community are more activities than clubs. YAM stands for yoga and mindfulness club. They offer classes on sunday (which is great for de-stress!) and Catholic Community is just mass on sunday and a bagel social after.

And I just officially joined Theta on wednesday! I didn't think I was going to rush, but then a few of my friends said it was fun, so I went to the events and loved it, and then I got in! I'm going to live in house next semester.

I'm still premed, but I don't know what I'm majoring in anymore. I'm thinking Bio and Visual Arts, but that could change.

For the summer, I'm applying to a few teaching programs. The one I want is two months in Italy! fingers crossed.

Thank you so much for everything!

love,

elizabeth

Dear Jana,

For the most part, school is going well, but it's so different from high school, in a good way. It's a little weird to think about going from taking required classes to studying anything I want. Currently, I'm taking German, two Egyptology classes, and two Archaeology classes, and I'm enjoying them all. I'm actually thinking about double-majoring in Egyptology and Archaeology as well. One of my classes is all about Pompeii, and when Lizzie and I went to the Met in New York yesterday, I got to actually stand inside a Pompeian room! I'm taking my second semester of Egyptian hieroglyphs, so now, when I'm in a museum, I can read aloud to you in Egyptian, but I may not always know what I'm saying without my Egyptian dictionary.

I'm really enjoying college life in general. Last semester, Lizzie and I joined the Brown Ballroom Dancing Team, and we really love it! I love participating in the competitions and getting dressed up. It is a big time commitment, but I think it's worth it. I never thought that I could be graceful and dance across a ballroom floor, but now I can safely say I can. So far, we've learned about ten dances, but there's still more to learn. I'm excited to learn Viennese Waltz because it's such a graceful, beautiful dance. I've also joined a few more clubs this semester, including the Egyptology Undergraduate Club and the Bruin Club, which helps organize events for incoming freshman students, so if you have any S Club girls coming to visit Brown at ADOCH, I might see them there.

Last semester, I started working for the first time. I actually work for Brown Dining Services. It's not a very glamorous job, but I love it all the same. I even was promoted this semester, and now I'm a supervisor in two units! (which is rare because I'm still a freshman)

I've gotten used to the weather, and if you can believe it, I now think that a day above 40 degrees is warm. Almost all the snow is melted by now, but my roommate, who's from Boston, says that winter isn't over yet.

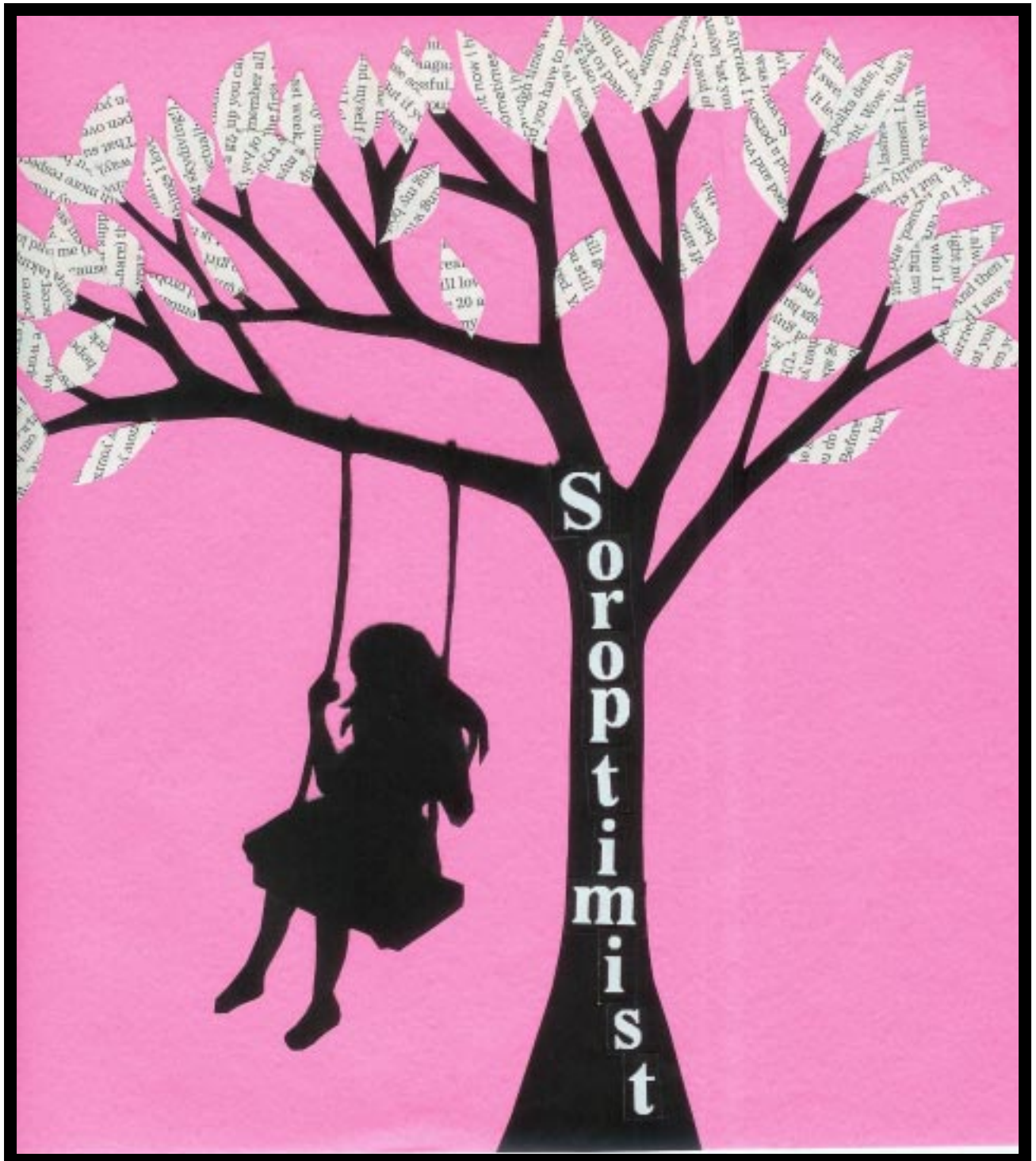
I hope the S Club and the SI of Long Beach are all doing well, and send them my love,

Brooke



S-CLUB tshirt sale

It's for the S-Club and we'll be able to make our checks payable to SILB. I've attached a .jpg. They come in women's sizes small, med, large & xlarge. Cost: \$10/each. The shirts themselves are pink. For more information and to order, contact Jana Martin jnmpsy@cs.com.



Live Your Dream Day

* MARCH 8th *

In honor of International Women's Day and the first-ever Live Your Dream Day on March 8, SIA has come up with an easy way to help women and girls live their dreams. Soroptimist is asking members to give up a simple pleasure and donate \$5 or more to Soroptimist programs that improve the lives of women and girls. This is a similar effort to the December 10th Appeal. But, don't wait until March 8 to make a donation! From now until March 31, donate on the web at Soroptimist.org or LiveYourDreamCampaign.org. Make a donation today and then ask two or more of their friends to make a donation as well.

Live Your Dream Art Contest

Thank you for spreading the word about the Soroptimist Live Your Dream Art Contest. SIA received more than 4,300 entries from girls and boys in kindergarten through 12th grade. Now it's up to you and the public to choose the winners! Visit LiveYourDreamCampaign.org and vote now, being sure to vote in each category. The polls will be open until March 8 (International Women's Day and the first-ever Live Your Dream Day). SIA will announce the winners on the Live Your Dream website on March 9.

Meals on Wheels Invites You!

By Judy Pedneault

SABRINA FAIR

* APRIL 2nd *

You are invited to an evening of entertainment and camaraderie at the Long Beach Playhouse, on Thursday, April 2, 2009.

The Meals on Wheels board of Directors will host a reception at 7:00 PM and the performance of Sabrina Fair will begin promptly at 8:00 PM. Remember the old Humphry Bogart, Audrey Hepburn, William Holden movie *Sabrina*? This is the original stage version *Sabrina Fair*, and promises to be a really fun program.

Tickets are only \$25 per person and seating is open. This would make a great birthday or special occasion gift. Invite your friends and call or e-mail Nancy Hegelheimer (phone: 562-421-1446 or e-mail: cwh3058@verizon.net) to make your reservations ASAP. (Reservations are limited, SILB has first choice.)

Don't miss the opportunity to meet and socialize with the board, staff, volunteers and advocates of the community service program our SILB created and has supported since 1971.

Your investment....over \$150,000.

Interservice Club Luncheon

*** APRIL 15th ***

InterService Club Luncheon on April 15 by Judy Hess

SILB will host the Interservice Club Luncheon at the Grand on April 15. Guest Speaker for the event is Justin Rudd. Cost for the luncheon is \$25 (replaces a SILB regular luncheon meeting). Each service club also serves as host for city dignitaries. This year SILB will be hosting Mayor Bob Foster, City Manager Pat West and Councilperson Gerry Schipske. Other local service clubs participating in this annual event are Altrusa, Optimists, Lions, Rotary, Exchange, Kiwanis and Jaycees. This year, invitations and explanations of the importance of wonderful event will be sent to other non-profit clubs who provide service in the Long Beach area. (If you know of a club that should be included, please contact Judy Hess so she can send them an invitation.)

VOLUNTEERS ARE NEEDED to help with registration and coordination at the event. Please contact Judy Hess at 562-570-4004 or via e-mail:

SILB Recruitment Success!

by Lori Brault

The Committee sent 20 personal invitations to the Wine and Cheese Party at the charming WineStyles tasting Lounge in Seal Beach. Eight potential new members attended the event on February 4th and were joined by twelve SILB members. In addition to all the lovely wine catered by WineStyles, members brought lots of finger food, fruit and cheese plates. A special thanks to all the members who helped make the party a success. It was a wonderful mixer. We have been contacted already by three of the eight attendees who will be joining SILB and had a great time tasting wine, meeting and greeting.

Happy Anniversary

On March 24, 1924, forty eight women gathered at the old Virginia Hotel to receive the charter for the Soroptimist Club of Long Beach from Helen Gamble, an organizer and member of the founding Soroptimist Club of Oakland, California. Since that day, the club has contributed 85 years of service and unknown thousands of dollars to service projects in the city of Long Beach, the nation and the world. Hundreds, probably thousands of women have found support and life long friendships within the club.

Please join us in an anniversary celebration at our regular March 11th meeting

Bits & Pieces

Baba Ghanouj ,Food from Lebanon, just opened . 4276 Atlantic Avenue. LongBeach,CA,90807. The restaurant is open for Lunch and diner. (This came in from Marina Mitri)

Please be sure to thank SILB member Esther Ross at Flowers Vickie for all of the flowers she donates to our club. Flowers by Vickie is located at 442 East First Street, phone number 562-437-0525.

Disaster Volunteers Reminder

This is from Erin Holloway.
If you completed an application to be a future disaster volunteer,
please
mail it back to:

Moniek Pointer, PHEM Coordinator
LBDHHS
2525 Grand Ave.
Long beach 90815

Best Wishes to Our Sisters

**STILL WISHING YOU
GOOD HEALTH
BARBARA FREEMAN!**

**Your Soroptimist "Sisters" send
our love and best wishes
for a speedy recovery.**





WOMEN WHO MAKE A DIFFERENCE AWARD LUNCHEON

* **APRIL 4th** *

The 2009 SIA of Long Beach Women Who Make A difference Awards Luncheon will be held on Saturday April 4, 2009 at The Grand-Willow Street Centre, 4101 East Willow Street, Long Beach. The event will begin with a reception at 11:00 am followed by the 12:00 noon luncheon and program during which the awards will be presented and we will hear short presentations from each of the honorees. This year's "opportunity" drawing will be for a \$500 gift

Invitations to the event will be mailed next week. Additional invitations can be obtained from the table at the back at club meetings or downloaded from our website www.si-longbeach.org. Tickets are \$55.00 each or \$525 for a table of 10. After March 25, 2009 ticket costs go up to \$65 per person and \$625 per table. \$20 of each \$55 luncheon ticket is tax deductible. Luncheon reservations should be sent to SILB c/o Judy Hirsch, 6278 Riviera Circle, Long Beach, CA 90815-4761.

The deadline for advertisements in the luncheon program is March 10, 2009. Ads are black and white and a full page ad (7-1/2" wide by 10" high) is only \$200. Half page, quarter page and business card size ads are also available. The ad order form is included in this newsletter or can be downloaded from the SI-Long Beach website.

Lynn Shrum and committee members have been working on preparations for months. Volunteers are still needed to help with setup, registration, hospitality and clean up. Please e-mail Lynn (lynn.m.shrum@smithbarney.com) to sign up to help.

The program is suitable and inspirational for men and women of all ages as you will have

the opportunity to meet and hear about these deserving honorees whose commitment and hard work will uplift and inspire you. This is our major club event for the spring so be sure to buy your ticket and plan to attend.

AWARD WINNERS

The outstanding winners of the 2009 Women Who Make A Difference Awards were chosen by the distinguished panel of award winners from 2008. Here they are with their categories:

Economic and Social Development: **Shirley Wild**, Columnist and Founder of Steel Magnolias

Education: **Michelle Molina**, CEO and Founder Peace Partners, Inc.

Health: **Lillian Lew**, Director Families in Good Health

Human Rights & Status of Women: **Alyce La Violette** Therapist specializing in domestic violence issues.

International Goodwill and Understanding: **Sithea San**, Cambodian Community Activist

Women Making a Difference for Women: **Virginia DeMoss**, Director, The Found Theatre

Business or Organization: **National Council of Negro Women, Long Beach Chapter**

Trail Blazer Award: **Beverly O'Neill**

WOMEN WHO MAKE A DIFFERENCE AWARD LUNCHEON

"WOMEN WHO MAKE A DIFFERENCE"

April 4, 2009

Awards Luncheon

PROGRAM AD APPLICATION

◆ How to Place your Ad or Personal Message ◆

Choose a size (full page, 1/2 page, 1/4 page or business card)

- | | |
|---|-------------------------|
| <input type="checkbox"/> Full Page Ad | \$200.00 |
| <input type="checkbox"/> Half Page Ad | \$100.00 |
| <input type="checkbox"/> Quarter Page Ad | \$ 75.00 |
| <input type="checkbox"/> Business Card Ad | \$ 50.00 |
| <input type="checkbox"/> Charge for making art camera-ready** | \$ 25.00 (additional)** |

****Please allow at least 2 weeks before deadline**

Compose your message to an honoree or your business advertisement or both!

Email your camera ready copy to Danielle Hasley at dh.design@yahoo.com
Acceptable forms of camera ready copy are: .pdf, .jpg file, MS Word file (.doc) or
actual business cards. *Samples of ad sizes are enclosed.*

Questions about ad production? Please call Danielle Hasley @ (310)897-5943
Send ad copy via email **BY MARCH 10th** to dh.design@yahoo.com **OR MAIL TO**

Danielle Hasley
20014 Alvo Avenue
Carson, CA 90746

Complete the form below ↓

Name: _____ Company: _____

Mailing Address: _____ City: _____

State: _____ Zip Code: _____ Phone Number: (____) _____

FAX number: _____ Email address: _____

Amount Enclosed: \$ _____ Check number: _____

Visa/MC number (please circle one): _____ Expiration Date: _____

Name as it appears on card: _____

Signature: _____

Please enclose your check payable to SILB for your ad and any business cards (for a business card ad), to pay by credit card complete and sign this form, and mail it by **March 10, 2009** to:

Judy Hirsch
6278 Riviera Circle
Long Beach, CA 90815

The YMCA Downtown Community Development Branch
invites you to

"Wine Tasting Under the Stars"

a fundraiser to support our Community and Youth Programs

Join us for a great social evening with

Wine Tasting,
Fine Food,
Silent Auction,
Raffle and Friends!

Date

Saturday, March 28th, 2009

Time

6:30 pm to 9:30 pm


Hosted By

Smooth's Sports Grille
144 Pine Ave., Long Beach CA 90802

Donation (tax deductible): \$50 per person in advance, \$60 at the door

Please RSVP by returning the enclosed card.

For more information contact: Sandra Castillo 562 624 5475 or sandra.castillo@lbyymca.org



LOCAL COMMUNITY EVENTS from **OUR SOROPTIMIST SISTERS**

*** MARCH 20 ***

Enjoy the hot and cool coast-modern sounds of

Shake and the Chantoosies
Performing at DiPiazza's Lava Lounge

On Friday, March 20th, 7—8:30 p.m.

5205 E. Pacific Coast Hwy, Long Beach, CA 90804

(562) 498-2461

www.dipiazzas.com

All ages \$7 cover

This is a variety band from the Twilight Zone of the Hit Parade playing songs from the 1930s through the end of the twentieth century covering an amazing number of musical genres and some originals. Featuring: Shelley

Rugg Thorp: vocals/percussion; Jon Erickson: woodwinds/accordion/piano/vocals/ & more; Mary Ann Heimann bass/piano/vocals; Steve Radice: guitar/banjo/ukulele/vocals; Juan Mata: drums; Mary Jane North-Mata: percussion/vocals; Tom Williams: woodwinds.

Soroptimists & Friends—

RSVP to Jaye Johnson @ johnson.jaye@gmail.com

or call her at (562)596-6859.

There are two Art Events this month to enjoy.
They both will include the artwork of the editor, Dawn Morishige

*** MARCH 20-21 ***

BuyArt Studios is having a
blow out sale of remaining
Antique and Vintage Artwork and Books.
Antique fine art, woodcuts, lithographs,
vintage movie posters
Listed artists-Margorie Reed,
Abruzzi, Sedlacek & more.

Antique Books, Authors-
T.S. Elliot, Walker, & more.

10am to 5pm

BuyArt Studios Custom Framing
2828 E. 10th St. - 856-9095

*** MARCH 13-15 ***

The Art Gallery at 3rd and Cerritos
1105 E. 3rd Street
Long Beach, CA 90802
562-882-4944

Group Show
Opening Night:
Friday, March 13th
from 6:00 to 9:00 pm

Exhibit continues through
March 14th and 15th from
noon to 5:00 pm.

SILB's Small Ways Projects are another way we support our mission of "Best for Women". Besides grants and scholarships, we help year-round with smaller projects. Please bring your items to the Business Meeting on the first Wednesday of the month. Since we have limited storage at The Grand, please do not bring these items and simply leave them on the back table. Give your goodies to the "collectors" and they are:

Toiletries – Judy Pedneault

Greeting Cards - Jane Barrett and Mary Soth

Used Cell Phones – Lori Brault

Eyeglasses—Jane Barrett

Coupons (either cut or uncut) – S Club—Jana Martin

Biographies—Denice Lanuti

Clothing for Working Wardrobes – Lynn Hermstad

(Please have items clean, pressed, on hangers and covered with plastic. Working Wardrobes also accepts shoes and other accessories and men's clothing. No rummage or other clothing stuffed in bags!) If you have any questions, talk to, call or email Lynn Hermstad

Got NEWS? ANNOUNCEMENTS? GOOD GOSSIP? JOKES?

Soroptimist News Editors: Dawn Morishige & Linda Jensen

Email the Editor: buyart@earthlink.net OR send by snail-mail: BuyartStudios, 2828 E. 10th St., Long Beach, CA 90804



SOROPTIMIST
Best for Women

2008/2009 Board of Directors

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President-Elect: Denice Lanuti

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